



INTOLERANCE HEALTH TEST SUBMISSION FORM

Step 1 - Print out and complete the test submission form

Please complete 1 per person in capital letters, signing, dating and ticking all necessary boxes.



Step 2 - Include a hair sample

Simply cut as close to the roots or including the roots, a very small hair sample of 6-10 hair strands approximately 3cms long and place in a dry sealed plastic bag. Write the name, D.O.B and order number on the bag. You mustn't mix samples if your sending multiple tests together as this will give inaccurate results.

Please avoid hair products, conditioners are ok to use and it isn't a problem if the hair is coloured, it won't impact the results at all. If no hair is available, nail clippings can be sent instead.



Step 3 - Post the submission and sample

Placing the hair sample along with the submission form in a standard-sized envelope post to the following address, preferably 1st class post, to prevent delay of test processing.

If multiple tests are being sent and a larger envelope is used, this will need to be posted at the post office to ensure correct postage fees are paid. This will avoid problems of non-delivery due to incorrect fee payment.

Please ensure full postage fees are paid as we can not be held responsible for tests that are not delivered.

**Chrysalis Health and Wellbeing Ltd,
24 The Old Nurseries, Frome, Somerset, BA114FH**



Step 4 - Your test report

Your test report will be emailed within 7-10 days to the supplied email address on your submission form.

Please ensure info@intolerancetest.co.uk is a permitted sender within your email account to avoid the results going into spam or junk.





Complete one form per hair sample and post to:
Chrysalis Health and Wellbeing Ltd,
24 The Old Nurseries, Frome, Somerset, BA114FH

Order number:

Title: **Mr/Mrs/Ms/Master/Miss** First Name: Last Name:

Address: Town: Postcode:

If testing your pet please state type: Date of birth:

Sex: **Male/Female** Email address the report should be sent to:

Please tick the relevant boxes which relate to your symptoms.

Digestive health symptoms:

- IBS symptoms
- Constipation
- Diarrhoea
- Colitis
- Crohns
- Celiac
- Abdominal pain/ cramps

Respiratory issues:

- Asthma
- Coughing
- Sinusitis
- Breathing
- Wheezing
- Hay fever symptoms - eyes
- Hay fever symptoms - nose

Do you suffer from any other symptoms?

- Anxiety
- Migraines
- Depression
- Joint pain/ arthritis
- Fibromyalgia/ muscle pain
- Cystitis
- Fatigue
- Difficulty sleeping
- Weight-loss
- Weight-gain

Skin complaints/disorders:

- Eczema
- Dermatitis
- Psoriasis
- Rosacea
- Acne
- Rashes
- Hives

Any other - please list:

- I have the permission from the relevant person who this test relates to or I am the parent / guardian.
- I have read and agree to the product disclaimer and terms and conditions.
- I wish to receive news & occasional offers.

Disclaimer

Chrysalis health and wellbeing do not make any medical diagnosis, any information given is for informational purposes only and should not be used as a substitute for professional medical advice, diagnosis or treatment. If you have a medical condition or symptoms of a medical condition and have questions regarding this, please seek the advice of your doctor or other qualified health provider. All possible diagnoses indicated by this test or this website needs to be discussed and confirmed with a qualified medical practitioner.

Never ignore professional medical advice or choose to not seek it due to the information given on this website or the test results reported. Reliance on any information provided by Chrysalis health and wellbeing® and this website is solely at your own discretion and risk. We can not be held responsible for any adverse effects that may occur by the usage of the information provided.

If you feel you have a medical emergency, call your doctor or medical emergency services immediately. This method of testing only indicates intolerance/sensitivity and does not test for type IgE allergies. For allergy testing advice and help, the services of an allergy specialist should be sought. Some of the content on this website maybe provided by third parties, we do not and can not verify that this information provided by these third parties is true, accurate and complete.